

STEPS

- Smile: Warm + Confident
- Posture: Up/Shoulders Back
- Eye Contact: Look 'em in the Eye
- Tone of Voice: Friendly + Enthusiastic
- Self-Talk: What We Say + Believe

www.phoenix-society.org | 800-888-2876 | info@phoenix-society.org

Learn more by visiting: www.phoenix-society.org/learn

STARING TOOL


An easy way to stop people from staring: stand up straight, look them in the eye, and say:
 "Hi, how are you doing?"
 "Nice day, isn't it?"
 Or any friendly small talk!

REHEARSE YOUR RESPONSES

Memorize 3 sentences for when people ask questions:
 1. State how/when you were burned.
 2. Say how you're doing now.
 3. Thank them for asking.

How to use:

1. Print document
2. Cut along dotted line
3. Fold in half
4. We recommend taping or gluing the two sides together!



STEPS

- Smile: Warm + Confident
- Posture: Up/Shoulders Back
- Eye Contact: Look 'em in the Eye
- Tone of Voice: Friendly + Enthusiastic
- Self-Talk: What We Say + Believe

www.phoenix-society.org | 800-888-2876 | info@phoenix-society.org

Learn more by visiting: www.phoenix-society.org/learn

STARING TOOL

An easy way to stop people from staring: stand up straight, look them in the eye, and say:
 "Hi, how are you doing?"
 "Nice day, isn't it?"
 Or any friendly small talk!

REHEARSE YOUR RESPONSES

Memorize 3 sentences for when people ask questions:
 1. State how/when you were burned.
 2. Say how you're doing now.
 3. Thank them for asking.