Planning Your Trip to Phoenix
World Burn Congress 2023

Event Details: October 4 - 7, 2023, in National Harbor, MD
Conference Hotel: Gaylord National Resort & Convention Center

About the Event
Phoenix World Burn Congress (WBC) began in 1985, developed by burn survivors, for burn survivors, to identify and understand the issues that impact the daily lives of those associated with burn trauma. The event is hosted by Phoenix Society for Burn Survivors, the leading national nonprofit supporting burn survivors. Phoenix WBC is the world’s largest gathering of burn survivors, their families, burn care professionals, and the fire service industry.

For many burn survivors, Phoenix WBC is their first opportunity to connect with others on the journey of burn recovery. This life-changing biennial event connects attendees with support resources, educational programming, workshops, and, most importantly, each other. It is through these shared experiences that healing begins, because we have learned that nothing heals survivors like connection with other survivors. We bring hope and healing to survivors and loved ones— anytime, anywhere.

<table>
<thead>
<tr>
<th>Anticipated Expenses</th>
<th>Anticipated Costs</th>
<th>Reason for Cost</th>
<th>My Actual Costs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registration</td>
<td>$415 OR $590</td>
<td>Early Bird Registration</td>
<td></td>
</tr>
<tr>
<td>Hotel Accomodations</td>
<td>$924</td>
<td>1 Room for 3 Nights + Tax</td>
<td></td>
</tr>
<tr>
<td>Transportation</td>
<td>$500</td>
<td>Flight + Transportation</td>
<td></td>
</tr>
<tr>
<td>Meals</td>
<td>$200</td>
<td>$50+/Day for 4 Days</td>
<td></td>
</tr>
<tr>
<td>Additional Spending</td>
<td>$100</td>
<td>Souvenir &amp; Outside Activities</td>
<td></td>
</tr>
</tbody>
</table>

TOTAL $2,139+
2023 Schedule At A Glance

Wednesday, October 4, 2023 | 4 - 9 pm EST
Registration (opens at 12 pm EST), First Time Attendee Gathering, Kick-Off Event

Thursday, October 5, 2023 | 7:30 am - 9:30 pm EST
Registration, Keynote, Wellness Center, Open Mic, Learning Sessions, Support Groups, Meet Up Groups, Substance Abuse Recovery Meeting, and Talent Show

Friday, October 6, 2023 | 8:30 am - 11 pm EST
Support Groups, Keynote, Open Mic, Wellness Center, Open Mic, Learning Sessions, Substance Abuse Recovery Meeting, Meet Up Groups, and Dance Party

Saturday, October 7, 2023 | 8:00 am - 12 pm EST
Coffee, Walk of Solidarity, and Community Celebration

Special Requests
Pursuant to the Americans with Disability Act, if you require specific aids or services as well as special room requirements (mothers room, prayer room, etc.), please contact the organization via: info@phoenix-society.org. You must notify the organization of your needs by September 1, 2023. If you do not notify us of your needs by this time, we cannot guarantee ADA accommodation.

Anticipated Expenses
Registration
Early Bird Registration: April 3rd - September 1st
- Survivor + Loved Ones: $415
- Supporters: $590

Regular Registration: September 2nd - October 7th
- Survivor + Loved Ones: $500
- Supporters: $700
Hotel Accommodations
We have a room block available at the Gaylord National Resort & Convention Center. The room rate including the daily resort fee is $261/night + tax, for an anticipated total of $308/night. Three nights at the convention center, including tax, is approximately $924/room.

Visit our online portal to book your reservation. You’ll need to enter your check-in date, check-out date, number of rooms, and number of guests before selecting your room. Once your room is selected, you will need to enter your contact information and payment method.

Important Hotel Notes
• Through the online portal linked above, you can book, modify, or cancel your hotel reservations.
• We have a very limited number of ADA accessible rooms available for Phoenix WBC. While these are available on a first-come, first-served basis, please be considerate of your fellow attendees and only book an ADA room if you or someone in your party has a legitimate medical need.
• If you have concerns about your individual situation and would like more information on room dimensions or need other accommodations (such as close proximity to an elevator), please contact us and we will do our best to help. We want a positive experience for all of our attendees.
• Reservations must be made on or before September 4, 2023, at 11:59 EST to be eligible for the group rate.
• For those booking group reservations: There is a limit on the number of rooms you can book at one time. Please consider how many rooms your group will truly need before booking your reservations. If you overbook and do not have attendees to fill your reservation, please contact Phoenix Society directly at info@phoenix-society.org. We typically have a waitlist for room cancelations and can get you connected with someone to fill your block.

If you are having any difficulty with booking a room, please contact info@phoenix-society.org.
**Transportation**

If you are flying to the conference, there are three nearby airports.

Ronald Reagan Washington National Airport (DCA) is the closest and is approximately 15 minutes away ($30-45 Rideshare or Taxi Ride) from the convention center. Washington Dulles International Airport (IAD) and Baltimore/Washington International Thurgood Marshall Airport (BWI) are two other nearby airports at approximately 40 and 50 minutes away, respectively.

Flight prices vary based on location, time of flight, and airline, but you can expect to pay anywhere from $150-$500 for a roundtrip fare. For example, a roundtrip flight from Dallas, TX, to DCA is currently $320.

If you are driving to the conference, the Gaylord National Resort & Convention Center offers on-site parking for $16+tax/hr or $33+tax/day.

Additionally, the Alexandria Transit Company (DASH), Washington Metropolitan Area Transit Authority (METRO), and Amtrak Train are local public transportation options available for traveling to, from, and during the conference. Union Station is a central bus terminal with several bus companies transporting to/from this station.

*Please note: Phoenix Society is unable to provide complimentary transportation to/from travel centers and the hotel this year.*

**Meals**

We are hoping to be able to have several food offerings included with your registration this year, however the exact meals to be offered are still being determined.

Aside from the food included with registration, we recommend allocating $50-75/day for food. The Gaylord National Resort & Convention Center has a few restaurants on-site, but there are also many restaurants (and a small grocery store) within walking distance, including:

- Mezeh Mediterranean Grill
- Fiorella’s Italian Kitchen
- Redstone American Grill
- The Walrus Oyster & Ale House
- BurgerFi
- Starbucks
- McDonald's
- and many more!
Financial Support

Phoenix Society is unable to provide individual scholarships to attend Phoenix WBC. If you are looking for financial support to attend the conference, consider reaching out to organizations within your local community (hospitals, fire departments, community centers, religious centers, etc.).

Here are a few tips for asking others for financial support:

- **Determine your expenses** - Before you ask for support, determine exactly what you need. We encourage you to research flight costs, hotel prices, and more before you ask for support.
- **Ask for deadlines and requirements** - When you contact a local organization, you can ask if they are providing financial support for those looking to attend Phoenix WBC and what requirements they have.
- **If it is an organization that is not familiar with Phoenix WBC, consider educating them about the event, why it is important for you to attend, and what you specifically need assistance with** (for example: I need help paying for the hotel room and registration). Providing them with the website link for the Phoenix Society and Phoenix World Burn Congress is helpful. If the organization wants to learn more, please have them contact: info@phoenix-society.org.
- **Consider crowdfunding** - Crowdfunding is a great way to raise funds online by asking your friends and family to donate any amount towards your Phoenix WBC. GoFundMe is the largest crowdfunding site online and is relatively easy to set up.