

PHOENIX SOCIETY FOR BURN SURVIVORS

Phoenix Society for Burn Survivors is the leading national nonprofit organization dedicated to empowering people affected by a burn injury. Phoenix Society serves burn survivors, loved ones, burn care professionals, researchers, and anyone else committed to supporting the burn community and building a safer world.

PHOENIX SOAR (SURVIVORS OFFERING ASSISTANCE IN RECOVERY)

Phoenix SOAR (Survivors Offering Assistance in Recovery), developed in 2001, is a signature program of Phoenix Society for Burn Survivors and an integral part of the Journey Forward Program, connecting survivors and their support systems with others who have experienced similar trauma (trained Peer Supporters). Phoenix SOAR was designed by a national advisory team of healthcare professionals and burn survivors to provide a structured volunteer peer support program. This training program is designed to provide insight, knowledge, and communication skills necessary for the peer supporter to interact with survivors and families who have experienced a burn injury. The program also enables the burn programs to develop motivated and trained peer supporters functioning as an extension of your burn team.

WHY DOES PHOENIX SOAR MATTER?

A burn injury can trigger feelings of helplessness, stress, shock, numbness, loneliness, low self-esteem, and/or fear of the future. Burn survivors, and their families often struggle in isolation with their emotions and pain. Family and friends in the support network may be struggling with a different set of problems than the burn survivor; therefore, they may have difficulty relating to and supporting each other.

HOW TO START A PHOENIX SOAR PROGRAM IN YOUR HOSPITAL

PRELIMINARY REQUIREMENTS

- Obtain a letter of support from the Medical Director of the burn program
- Identify a minimum of two Lead Coordinators. One Coordinator must be a member of the burn team.
- Obtain financial commitment from administration
- One-time start-up fee, which includes:
 - Two virtual trainings: Initial Phoenix SOAR Coordinator training & Peer Supporter training
 - Materials for the initial Coordinator & Peer Supporter trainings
 - The opportunity to participate in national research groups for Phoenix SOAR
 - Note: Both Coordinator and Peer Supporter trainings must be completed within one year of program initiation
- An annual fee (yearly) and program report to maintain active program status

PHOENIX SOAR COORDINATOR TRAINING REQUIREMENTS

- A 2.5 hour virtual training course for the coordinators
- Curriculum material for each Phoenix SOAR Coordinator
- Phoenix SOAR start-up fee must be paid prior to the Phoenix SOAR Coordinator training
- Subsequent Coordinator Trainings:
 - Phoenix Society holds quarterly Coordinator Training Courses for any active SOAR Hospital employees to attend. There are additional training fees after the first start-up course.

PHOENIX SOAR PEER SUPPORTER TRAINING REQUIREMENTS

- An 8-hour training curriculum for Peer Supporters:
 - Curriculum includes asynchronous (on-your-own) pre-work video modules and a live virtual group training
 - This live virtual group training is conducted in one of two group options:
 - Virtual group training for Peer Supporter candidates from your facility (minimum of 2 trainees), scheduled uniquely for your group
 - Virtual group training in combination with Peer Supporter candidates from all Phoenix SOAR facilities
- Subsequent Peer Supporter Trainings:
 - Phoenix Society holds Peer Supporter Training Courses every 8 weeks. There are additional training fees after the first start-up course.

CURRICULUM TOPICS FOR PHOENIX SOAR COORDINATOR TRAINING COURSE

- Program start-up responsibilities
- Writing a proposal
- Getting burn team buy-in
- Screening process for Peer Supporters
- Program roles & responsibilities
- Program Implementation
- Facilitating Peer Support
- Keeping the program energized
- Managing conflict
- Program evaluation
- Preparing annual report
- (Virtual Peer Support visits)

CURRICULUM TOPICS FOR PHOENIX SOAR PEER SUPPORT TRAINING COURSE

- Information about the Program
- Roles & responsibilities
- Model of recovery process for patients and families
- The role of a peer supporter (boundaries, ethics)
- Working in a hospital setting
- Communication skills for peer supporters
- Communicating in a helping role
- Making referrals
- Handling difficult situations
- Offering Peer Support via virtual connection

CONTACT US AT SOAR@PHOENIX-SOCIETY.ORG TO LEARN MORE AND GET STARTED TODAY!